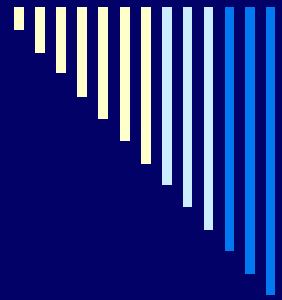


Reframing the discourse of diabetes prevention and control from personal choice to structured opportunity

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**The findings and conclusions in this presentation are those
of the author and do not necessarily represent the views of
the Centers for Disease Control and Prevention**



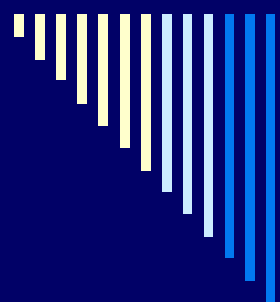
The social production of diabetes

- Changing patterns of subsistence
- Loss of political and economic autonomy
- The cultural evolution that accompanies these dramatic changes in a population



Mr. Gun's story...

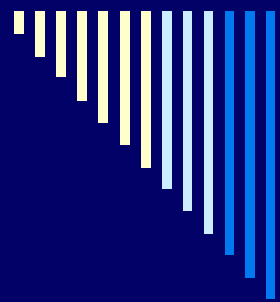




Expanding how we study the risks & causes of diabetes

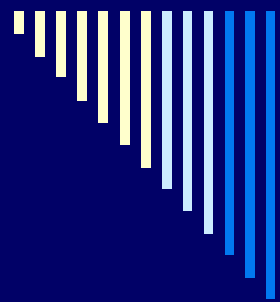
- ❑ Rethink poor health as a lifestyle choice
- ❑ Explore “meaning” as a determinant of health behavior
- ❑ Examine how social hierarchies mediate an individual’s power, personal agency, and available choices for better health
- ❑ Study how local and global political economies affect health and disease

(Inhorn and Whittle 2001)



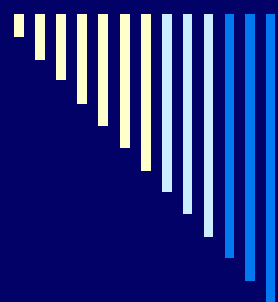
Examples of programs that are structuring opportunities that support diabetes prevention & control:

- “Sisters Action Team” – stress management, safer communities, walking clubs, more green space, and advocacy for living wages and affordable housing
- Bronx Health REACH – increasing the number of eligible individuals enrolled in health insurance programs, ensuring non-discriminatory health care, increasing the representation of people of color in the health professions, and ensuring culturally competent health education and treatment.



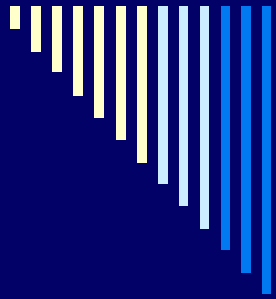
Examples of programs that are structuring opportunities that support diabetes prevention & control:

- Establishment of a neighborhood Farmer's Market in the northwest corridor of Charlotte, N.C.
 - Media and faith-based partnerships
-



For more details:

- Liburd L. and Vinicor F. (2003) “Rethinking diabetes prevention and control in racial and ethnic communities.” *Journal of Public Health Management and Practice*, November (Suppl) S74-S79.
- Liburd L., Jack L., Williams S., Tucker P. (2005) “Intervening on the social determinants of cardiovascular disease and diabetes.” *American Journal of Preventive Medicine*, volume 29, number 5S1.



It must be borne in mind that the tragedy of life does not lie in not reaching your goal. The tragedy of life lies in having no goal to reach.
Benjamin E. Mays
